How to Check Your Insurance Benefits

The office will happily bill your insurance for your visit; however, it is the patient’s responsibility to be aware of her/his coverage and co-pay, as well as any deductible and maximums. Please follow steps 1-6 when calling to check your benefits and eligibility.

Patient Name:

Name of Primary Insurance holder (if different):

Insurance Company:

 Insurance ID#: Group #:

Call the number on your insurance card listed for customer service, benefits and eligibility, or subscriber services and ask the representative the following questions:

1. When did my coverage begin and through when is it valid?

Beginning Date of Coverage:

Ending Date of Coverage:

2. Do I need a referral from my primary care physician (PCP) for naturopathic services? Y N

3. What is my copay for the office visit and preventive services?

Co-pay $:

or Co-Insurance %:

Year Max:

4. Do services with this provider go toward deductible?

Deductible $:

Amount of Deductible me so far $:

5. Are the following facilities of labs/imaging considered in-network or out-of-network: Legacy, Quest, Providence, Epic Imaging? What are my lab benefits and do they go toward deductible (if there is one)?

6. What was the name of the representative who assisted me in completing this form:

\*Feel free to call our office to discuss any information you do not fully understand from this form

\*Please return this completed form by email (drsam@docerenaturopathicwellness.com) or fax ((503)281-7167 ) prior to your first appointment.